



Enjoy Alaska. Leave the virus at home.

Travelers are welcome to come to Alaska and do not have to quarantine after they arrive – as long as they can show they have had a recent negative COVID-19 test. Alaska has some of the lowest numbers of COVID-19 cases in the country, and we'd like to keep it that way. So remember, if you don't want to quarantine, you're required to show a recent negative COVID-19 PCR test.



Know before you go! Plan ahead and get tested before you travel.

Advance planning is the best way to ensure a successful trip. There are a few key steps you can take to protect yourself and avoid unnecessary quarantine upon arrival in Alaska.

- **Test for COVID-19 before you go:** The test must be a PCR test taken no more than 72 hours prior to travel. Bring proof of your negative test results with you. You will need to attach the results to the travel declaration form you're required to submit when you arrive. The State of Alaska will also accept negative results from tests taken up to 5 days prior to travel but you will need to take a second test in Alaska.
- **Protect your trip.** Traveling during a pandemic carries a higher risk of unexpected events so please be aware that the situation in Alaska can quickly change. Alaska is a rugged, geographically vast state with limited healthcare infrastructure, so those with underlying health conditions who are at higher risk should use caution when deciding to visit. We recommend travelers buy evacuation, medical and travel insurance.
- **Prepare for your trip.** Just like you plan your packing list in advance, in the weeks ahead of your trip to Alaska you should minimize your exposure in public settings. This helps to ensure you don't get a positive test and have to cancel a great trip to Alaska.
- **Please check local restrictions:** Different communities in Alaska may have different rules. Please check with the community you are traveling to before you go.
- **Plan your trip to minimize public interactions.** Alaska is a vast place with a small population. We hope you take advantage of that space and practice social distancing, Alaska style. Please limit social interactions and time in public spaces, particularly indoor locations. Enjoy outdoor restaurants, picnics, fresh air and the great outdoors.
- **Be prepared to wear a mask, keep distance from others and practice good hygiene:** Masks are strongly encouraged in Alaska and some businesses or communities may require their use. Please keep at least six feet from others and wash your hands often. We're happy to have visitors, but please be respectful of the health of Alaskans.
- **Stay home if you are sick!** If you have fallen ill, or have been exposed to a COVID positive person in the last 14 days, you will need to postpone your trip. Please visit again when you are well or not at risk of contracting the disease. We've been fortunate to have low case counts in Alaska and are working hard to keep it that way.



Welcome to Alaska! When you arrive....

- **Turn in your completed declaration form.** Please have your completed Travel Declaration form printed and ready, along with your PCR test results. If the testing was between 72 hours and five days prior to departure, a second test will be required and you will need to minimize interactions until you receive the results. If testing was within 72 hours prior to departure, a second test is not needed. Follow the directions at your arrival location to turn in your form. Obtain a voucher for future testing.
- **Get tested before you arrive.** It's a lot easier and your best bet. But if you still do need a test, Alaska is offering testing: If for some reason you haven't already been tested, you may get tested at an optional entry point testing location. You will receive directions on how to get tested when you arrive. After testing, you are required to proceed directly to your quarantine location and remain there for 14 days or until you receive your negative results from the entry point test. Quarantine and isolation will be at your own expense.
- **The State of Alaska cannot guarantee tests upon arrival:** Although Alaska is continuing to expand its testing capacity, testing for interstate travel is subject to availability. Travelers are strongly encouraged to obtain a test prior to travel and to have a contingency plan that includes completing a 14-day quarantine if the state is unable to provide a test at arrival. If you can't obtain a test before you travel, you may want to reconsider your travel plans.
- **If testing upon arrival in Alaska and the test is positive?** You will have to isolate for 14 days at your own expense, or until you are cleared by a public health nurse after receiving a subsequent negative test. You will not be able to fly unless cleared by public health.
- **Travelers are responsible for their own lodging:** Each traveler is responsible for their own expenses while in quarantine or isolation. This includes the cost of lodging. Again, getting tested before you travel is the best way to ensure a healthy and successful trip!



While you're here, watch your window!

- **Please limit your exposure for 14 days:** The PCR test is not equivalent to quarantine. Just because you've had a negative test doesn't mean you won't develop symptoms or test positive later. Please limit your social interactions throughout your trip.
- **If you are a critical infrastructure worker:** Please follow your company's plan.
- **Avoid indoor spaces:** Utilize take out or delivery options for food; enjoy the great outdoors and Alaska's wide open spaces. Avoid any unnecessary shopping. Being outside is safer than inside.
- **Avoid large gatherings:** Now is not the time to be in a big crowd. Save any gatherings for when the 14-day window is over.
- **Please check local restrictions:** Different communities in Alaska may have different rules. Please check with the community you are traveling to before you go.
- **Get another test:** Use your voucher for more testing between 7-14 days, as this increases the chances of detecting the virus in more people and helps make sure you are in the clear.



Please have a healthy and enjoyable trip.

Visit covid19.alaska.gov for more information and to access links to testing locator sites.

Thank you for helping keep Alaskans safe!